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BOOK REVIEWS

IN CHARGE OF

M. E. CAMERON, R.N.

OCCUPATION THERAPY. A Manual for Nurses. By William R. Dunton, Jr., M.D., Assistant Physician at Sheppard and Enoch Pratt Hospitals, Towson, Md.; Instructor in Psychiatry, Johns Hopkins University. 12mo. of 240 pages, 43 illustrations. W. B. Saunders Company, Philadelphia and London. 1915. Cloth \$1.50 net.

How quickly great changes arrive! But yesterday the proper treatment for the neurasthenic was to be hustled off to a sanatorium where, beyond the reach of friends or relatives, she could sink into a passive existence of eating and sleeping, her only exercise massage. Her husband might become insolvent, her children be in the throes of measles or whooping cough, her home world be standing on its head, never a whisper of trouble could reach her. Today all that is changed; the last thing allowed the patient is any thought of self and many are the devices to keep her attention from straying to herself. Hence we are beginning to devote some of the time of a nurse's training to the acquisition of a fund of general knowledge such as our grandmothers possessed as a matter of course. The nurse must learn scores of ways of using her hands, she must be able to probe her patient's mind and find wherein her tastes lie, what is her fad or hobby or, where one can be cultivated for her if she has none, she must be able by hook or by crook to keep her patient amused and distracted so that she has no time to think of herself.

Dr. Dunton does not deal in generalities. Besides many games, puzzles, etc., he gives particular instruction on some eighteen or twenty good ways of employing the hands without excessive expenditure of energy. It would be hard to think of any who could not be interested in one of the many kinds of occupation which Dr. Dunton gives us.

BANDAGING. By A. D. Whiting, M.D., Instructor in Surgery at the University of Pennsylvania; Surgeon to the Germantown Hospital and to the Southern Home for Destitute Children; Assistant Surgeon to the German and University Hospitals, Philadelphia. Illustrated. W. B. Saunders Company, Philadelphia. Price, \$1.25.

The art of bandaging has always been highly esteemed by those